BEHAVIOR TECH COURSE · COURSE SYLLABUS

2026 Registered Behavior Technician® (RBT®) 40-Hour Training

Total course length: 40 hours, 31 minutes

Format: Online, self-paced, with interactive activities

Aligned to: BACB RBT 2026 40-Hour Training Requirements and Curriculum Outline (Version 03/2026)

Responsible Trainer: Jaime Flowers, Ph.D., NCSP, BCBA, LEP (California), LSSP (Texas)

This course is designed to meet the 2026 training eligibility requirement for RBT certification. It covers every content area in the BACB's RBT 2026 40-Hour Training Requirements and Curriculum Outline, which applies to anyone applying for RBT certification on or after January 1, 2026. Items in the curriculum that also appear on the RBT Test Content Outline (3rd ed.) are taught with exam preparation in mind.

This training program is designed to meet the 2026 training eligibility requirement for RBT certification. This training is offered independent of the BACB.

Course Requirements

Timeline. Training must total at least 40 hours and be completed in no fewer than 5 days and no more than 180 days. Course content is released over 5 days to meet this rule.

Quizzes. Each module ends with a quiz. A score of 80% or higher is required to move on, and quizzes may be retaken.

Certificate. Learners who complete all modules and quizzes receive a certificate of completion signed by the Responsible Trainer with the information the BACB requires.

Instruction. Lessons use behavioral skills training: video instruction, modeling, active student responding, interactive activities, and quizzes with feedback.

Readings. Supplementary readings are optional enrichment. Per BACB requirements, assigned readings are not counted toward the 40 training hours.

Next steps. The 40-hour training is one requirement. Learners must also complete the Initial Competency Assessment with a qualified assessor, apply to the BACB, and pass the RBT exam.

Learning Activities

Video lectures with embedded response questions, fill-in-the-blank exercises, statement evaluations, podcasts and audio clips, drag-and-drop activities, memory games, crossword puzzles, graphic organizers, and digital flashcards. An optional 75-question mock exam modeled on the RBT certification exam is included for review.

2026 Content Area Breakdown

	2026 Curriculum Section and Course Modules	BACB hours	Course time
A	Introduction to Applied Behavior Analysis Module B	2:00	**2:08**
B	Preparing for Service Delivery Module C	1:00	**1:00**
C	Data Collection and Graphing Module D, Module E	3:00	**3:00**
D	Assisting with Behavior Assessments Module F	3:00	**3:00**
E	Behavior-Change Interventions Module G, Module H, Module I, Module J, Module K, Module L	20:00	**20:00**
F	Service Delivery Documentation and Reporting Module M	3:00	**3:00**
G	Ethics and Professionalism Module N, Module O	5:00	**5:00**
H	Next Steps in the Certification Process Lesson 0.2, Module P	1:00	**1:00**
—	Unallocated hours Lesson 0.1 and Module A (Autism and Other Disabilities)	2:00	**2:23**
	Total	**40:00**	**40:31**

BACB hours are the curriculum's recommended hours per section (38 hours), plus 2 unallocated hours. Course times are hours:minutes.

Course Outline

Modules are listed under the 2026 curriculum section they cover. Codes on the right (for example, C-4) are the matching items in the BACB curriculum outline. Module letters (A–Q) are the course's own labels.

Start Course Introduction and Unallocated Content — 2:23

Counts toward the 2 unallocated hours the curriculum lets providers add to any area.

Module 0 Introduction — **0:51 (0.1 = 0:32; 0.2 = 0:19, counted in Section H)**

- 0.1 Introduction to the Course
- 0.2 Introduction to RBT Certification *(Section H)*

Module A Introduction to Autism and Other Disabilities **1:51**

- A.1 Characteristics of Autism Spectrum Disorder
- A.2 Effective Therapies for Autism
- A.3 Intellectual Disability
- A.4 Down Syndrome
- A.5 ADHD
- A.6 Person-First and Identity-First Language
- Quiz A

Section A Introduction to Applied Behavior Analysis — 2:08 (BACB: 2:00)

Module B Introduction to Applied Behavior Analysis	**2:08**
B.1 Branches of ABA	A-1
B.2 Levels of Science	A-1
B.3 Seven Dimensions of ABA	A-1
B.4 Understanding Behavior and Contingencies	A-2
B.5 Positive and Negative Reinforcement	A-3
B.6 Functions of Behavior	A-4
B.7 Verbal Operants	A-5
B.8 Phases of Behavior-Analytic Interventions	A-6
Quiz B	

Section B Preparing for Service Delivery — 1:00 (BACB: 1:00)

Module C Preparing for Service Delivery	**1:00**
C.1 Readiness to Deliver Services	B-1, B-2, B-3
C.2 Rapport Building	B-4
C.3 Honoring Assent	B-4
Quiz C	

Section C Data Collection and Graphing — 3:00 (BACB: 3:00)

Module D Data Collection	**1:45**
D.1 Describing Behavior	C-1, C-2
D.2 Risks of Unreliable Data	C-3
D.3 Continuous Measurement	C-4
D.4 Discontinuous Measurement	C-4
D.5 Permanent-Product Recording	C-4
Quiz D	

Module E Graphing **1:15**
E.1 Calculating and Summarizing Data C-5
E.2 Types of Graphs C-6
E.3 Entering Data and Updating Graphs C-7
E.4 Identifying and Reporting Graph Changes C-8
Quiz E

Section D **Assisting with Behavior Assessments** **3:00** (BACB: 3:00)

Module F Assisting with Behavior Assessments **3:00**
F.1 Purposes of Assessment D-1
F.2 Skill-Based Assessment D-2
F.3 Skill-Based Assessment Role Play D-2
F.4 Preference Assessments D-3
F.5 Free-Operant Preference Assessment D-3
F.6 Trial-Based Preference Assessment D-3
F.7 Indirect Functional Assessment D-4
F.8 Direct Functional Assessment D-4
F.9 Functional Analysis D-4
Quiz F

Section E **Behavior-Change Interventions** **20:00** (BACB: 20:00)

Module G Teaching New Behaviors **4:05**
G.1 Skill-Acquisition Plans E-1
G.2 Discrete-Trial Teaching E-3
G.3 Naturalistic Teaching E-4
G.4 Incidental Teaching E-4
G.5 Pivotal Response Training E-4
G.6 Natural Environment Teaching E-4
G.7 Precision Teaching E-3
G.8 Discrimination Training E-7
G.9 Stimulus Equivalence E-7
G.10 Concept Formation E-7
G.11 Social Skills Training E-4
Quiz G

Module H Prompting, Shaping, and Chaining	**2:32**
H.1 Stimulus Prompts	E-6
H.2 Response Prompts	E-6
H.3 Errorless Learning vs. Error Correction	E-6
H.4 Prompt Fading	E-6
H.5 Prompt Dependency	E-6
H.6 Shaping	E-11
H.7 Chaining	E-5
H.8 Task Analysis	E-5
Quiz H	
Module I Antecedent Interventions	**3:10**
I.1 Behavior Intervention Plans	E-1, E-12
I.2 Priming	E-12
I.3 Motivating Operations	E-12
I.4 Noncontingent Reinforcement	E-12
I.5 High-Probability Request Sequences	E-12
I.6 Premack Principle	E-12
I.7 Choice	E-12
I.8 Activity Schedules	E-12
I.9 Demand Fading	E-12
I.10 Task Modification	E-12
I.11 Antecedent Strategies Overview	E-12
Quiz I	
Module J Reinforcement and Differential Reinforcement	**4:06**
J.1 Conditioned vs. Unconditioned Reinforcers	E-2
J.2 Simple Schedules of Reinforcement	E-2
J.3 Complex Schedules of Reinforcement	E-2
J.4 Behavioral Cusps	E-2
J.5 DRA, DRI, and DRO	E-8
J.6 DRL and DRH	E-8
J.7 DRD and DRP	E-8
J.8 Functional Communication Training (FCT)	E-8
J.9 Token Economies	E-2
J.10 Group Contingencies	E-2
J.11 Contingency Contracting	E-2
J.12 Matching Law	E-8
Quiz J	

Module K Behavior Reduction and Crisis Intervention	**2:45**
K.1 Extinction	E-9
K.2 Positive Punishment	E-10
K.3 Negative Punishment	E-10
K.4 Secondary Effects of Extinction and Punishment	E-9, E-10
K.5 Resurgence	E-9
K.6 Crisis Intervention	E-15
K.7 Crisis Documentation	E-15
Quiz K	
Module L Procedural Integrity, Self-Monitoring, and Generalization	**3:22**
L.1 Procedural Integrity	E-1
L.2 Self-Monitoring	E-14
L.3 Self-Management	E-14
L.4 Stimulus vs. Response Generalization	E-13
L.5 Generalization Techniques	E-13
L.6 Training Across Settings	E-13
L.7 Varying Instructions and Materials	E-13
L.8 Natural Reinforcement	E-13
L.9 Intermittent Reinforcement	E-13
Quiz L	

Section F **Service Delivery Documentation and Reporting** **3:00** (BACB: 3:00)

Module M Service Delivery Documentation and Reporting	**3:00**
M.1 Confidentiality	F-1
M.2 HIPAA Compliance	F-1
M.3 Effective Documentation	F-2
M.4 Reporting Variables That Affect the Client	F-3
M.5 Seeking Supervisor Direction	F-4
M.6 Communicating with Your Supervisor	F-4, F-5
M.7 Documentation Challenges	F-2
Quiz M	

Section G Ethics and Professionalism — 5:00 (BACB: 5:00)

Module N Ethical Responsibility	**2:06**
N.1 Core Principles of the BACB Ethics Codes	G-1
N.2 RBT Ethics Code (2.0): Section 1	G-2
N.3 RBT Ethics Code (2.0): Section 2	G-2
N.4 RBT Ethics Code (2.0): Section 3	G-2
N.5 Ethics Code for Behavior Analysts	G-3
Quiz N	
Module O Professionalism	**2:54**
O.1 Multiple Relationships	G-4
O.2 Cultural Humility and Responsiveness	G-5
O.3 Public Statements	G-6
O.4 Addressing Professional Misconduct	G-7
O.5 Role of the RBT	G-8
O.6 Professional Behavior	G-9
O.7 Effective Supervision	G-10
Quiz O	

Section H Next Steps in the Certification Process — 1:00 (BACB: 1:00)

Lesson 0.2 Introduction to RBT Certification	**0:19**
0.2 Introduction to RBT Certification	Steps to certification
Module P Next Steps and the Certification Process	**0:41**
P.1 Certification Statuses and Maintaining Certification	Statuses, supervision, ethics
P.2 Self-Reporting to the BACB	Self-reporting
P.3 Recertification Requirements	Recertification

Finish Module Q: Course Feedback and Certificate — 0:00

- Q.1 Course Feedback
- Q.2 Certificate of Completion

About the Responsible Trainer

Dr. Jaime Flowers (Ph.D., NCSP, BCBA, LEP, LSSP) designed and teaches this course. She is a Licensed Educational Psychologist in California, a Licensed Specialist in School Psychology in Texas, a Board Certified Behavior Analyst, and a Nationally Certified School Psychologist. Her research focuses on the ethics of behavior analysis and on behavior in educational settings.

References

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