BEHAVIOR TECH COURSE · COURSE SYLLABUS

International Behavior Therapist® (IBT®) 40-Hour Training

Total course length: 40 hours, 1 minute

Aligned to: IBAO International Behavior Therapist (IBT) 40-hour training content

Format: Online, self-paced, with interactive activities

Responsible Trainer: Jaime Flowers, Ph.D., NCSP, BCBA, LEP (California), LSSP (Texas)

This course is designed to meet the 40-hour training requirement for the International Behavior Therapist (IBT) credential issued by the International Behavior Analysis Organization (IBAO). It covers the core competencies of the IBT role: autism and related disabilities, the principles of applied behavior analysis, data collection and graphing, assessment, skill acquisition, behavior reduction, documentation, ethics, and professional conduct.

This training program is designed to meet the 40-hour training requirement for IBT certification. This training is offered independent of the IBAO.

Course Requirements

Timeline. Self-paced. Total instruction time is 40 hours, 1 minute, and learners must log at least 40 hours. The IBAO notes most candidates take 2 to 10 weeks.

Quizzes. Each content module ends with a multiple-choice quiz. A score of 80% or higher is required on every quiz, and quizzes may be retaken.

Certificate. Learners who complete all requirements receive a certificate of completion signed by the Responsible Trainer.

Instruction. Lessons combine video instruction, modeling, active student responding, and interactive activities with immediate feedback.

Completion. Finish every lesson, activity, and quiz, then submit the end-of-course feedback form.

Next steps. The 40-hour training is one requirement. IBT candidates must also complete 300 hours of supervised practice, pass the IBT exam and candidate skills testing, and upload proof of this training to their IBAO account.

Learning Activities

Video lectures with real-world examples and demonstrations, fill-in-the-blank exercises, summary and statement evaluations, drag-and-drop sorting, memory games, crossword puzzles, graphic organizers, reading assignments, and digital flashcards. Every content module ends with a multiple-choice quiz.

Learning Objectives

- Describe the characteristics of autism and related disabilities and use respectful, person-centered language.
- Explain the foundational principles and dimensions of applied behavior analysis.
- Collect, graph, and summarize behavioral data accurately.
- Assist with skill, preference, and functional assessments.
- Implement skill-acquisition, antecedent, reinforcement, and behavior-reduction procedures as written.
- Promote generalization and maintenance of learned skills.

IBT® and International Behavior Therapist® are registered marks of the IBAO.

- Document and report services accurately and communicate effectively with a supervisor.
- Apply ethical and professional standards in daily practice.

Module Time Summary

	Module	Lessons	Course time
0	Introduction	2	**1:27**
A	Introduction to Autism and Other Disabilities	6	**2:26**
B	Introduction to Applied Behavior Analysis	8	**2:08**
C	Preparing for Service Delivery	3	**1:00**
D	Data Collection	5	**1:45**
E	Graphing	4	**1:15**
F	Assisting with Behavior Assessments	9	**3:00**
G	Teaching New Behaviors	11	**4:05**
H	Prompting, Shaping, and Chaining	8	**2:32**
I	Antecedent Interventions	11	**3:10**
J	Differential Reinforcement	12	**4:06**
K	Behavior Reduction	7	**2:45**
L	Generalization and Maintenance	9	**3:22**
M	Documentation and Reporting	7	**3:00**
N	Ethical Responsibility	8	**1:06**
O	Professional Responsibility	7	**2:54**
Q	Course Feedback and Certificate	2	**0:00**
	Total		**40:01**

Times are hours:minutes and include each module's quiz.

Course Outline

Lesson times are hours:minutes and include the video and all of the lesson's activities.

Start **Introduction** **1:27**

Course structure and expectations, and the steps to earn the IBT credential through the IBAO.

0.1 Introduction to the Course 0:40

0.2 IBT Certification and the IBAO 0:47

IBT® and International Behavior Therapist® are registered marks of the IBAO.

Module A	Introduction to Autism and Other Disabilities	2:26
	A.1 Common and Diagnostic Characteristics of Autism Spectrum Disorder	0:35
	A.2 Effective Therapies for Autism Spectrum Disorder	0:20
	A.3 Characteristics of Individuals with Intellectual Disabilities	0:22
	A.4 Characteristics of Individuals with Down Syndrome	0:18
	A.5 Characteristics of Individuals with ADHD	0:21
	A.6 Person-First Language vs. Identity-First Language	0:20
	Quiz A	0:10

Module B	Introduction to Applied Behavior Analysis	2:08
	B.1 Branches of Applied Behavior Analysis	0:14
	B.2 Three Levels of Science	0:16
	B.3 Seven Dimensions of ABA	0:14
	B.4 Understanding Behavior and Contingencies	0:15
	B.5 Positive and Negative Reinforcement	0:16
	B.6 Functions of Behavior	0:21
	B.7 Verbal Operants	0:15
	B.8 Common Phases of Behavior-Analytic Interventions	0:12
	Quiz B	0:05

Module C	Preparing for Service Delivery	1:00
	C.1 Readiness to Effectively Deliver Services	0:23
	C.2 Building Rapport with Clients	0:17
	C.3 Honoring Assent with Clients	0:16
	Quiz C	0:04

Module D	Data Collection	1:45
	D.1 Describing Behavior and Stimuli in Observable Terms	0:20
	D.2 Risks of Unreliable Data Collection	0:17
	D.3 Continuous Measurement	0:21
	D.4 Discontinuous Measurement	0:25
	D.5 Permanent Product Recording	0:12
	Quiz D	0:10

IBT® and International Behavior Therapist® are registered marks of the IBAO.

Module E Graphing	1:15
E.1 Calculating and Summarizing Data	0:21
E.2 Types of Graphs	0:21
E.3 Entering Data and Updating Graphs	0:13
E.4 Identifying Changes in Graphed Data	0:15
Quiz E	0:05

Module F Assisting with Behavior Assessments	3:00
F.1 Purpose of Various Assessments	0:17
F.2 Skill-Based Assessment	0:24
F.3 Assisting with Role-Play Scenarios	0:16
F.4 Preference Assessment Interviews	0:17
F.5 Free-Operant Preference Assessment	0:15
F.6 Trial-Based Preference Assessments	0:20
F.7 Indirect Functional Assessment	0:21
F.8 Direct Functional Assessment	0:22
F.9 Functional Analysis	0:23
Quiz F	0:05

Module G Teaching New Behaviors	4:05
G.1 Acquisition Skills Plans	0:25
G.2 Discrete-Trial Teaching	0:37
G.3 Naturalistic Teaching	0:29
G.4 Incidental Teaching	0:18
G.5 Pivotal Response Training	0:16
G.6 Natural Environment Teaching	0:12
G.7 Precision Teaching	0:18
G.8 Discrimination Training	0:26
G.9 Stimulus Equivalence	0:27
G.10 Concept Formation	0:15
G.11 Social Skills Training	0:17
Quiz G	0:05

IBT® and International Behavior Therapist® are registered marks of the IBAO.

Module H	Prompting, Shaping, and Chaining	2:32
H.1 Stimulus Prompts		0:18
H.2 Response Prompts		0:19
H.3 Errorless Learning vs. Error Correction		0:13
H.4 Prompt Fading		0:16
H.5 Preventing Prompt Dependency		0:21
H.6 Shaping Procedures		0:21
H.7 Chaining Procedures		0:19
H.8 Task Analysis		0:20
Quiz H		0:05

Module I	Antecedent Interventions	3:10
I.1 Behavior Intervention Plans (BIPs)		0:27
I.2 Priming		0:14
I.3 Motivating Operations and Their Effects		0:26
I.4 Noncontingent Reinforcement		0:16
I.5 High-Probability Request Sequences		0:16
I.6 Premack Principle		0:12
I.7 Choice		0:14
I.8 Activity Schedules		0:14
I.9 Demand Fading		0:11
I.10 Task Modification		0:12
I.11 Antecedent Interventions in Practice		0:18
Quiz I		0:10

IBT® and International Behavior Therapist® are registered marks of the IBAO.

Module J	Differential Reinforcement	4:06
J.1 Conditioned and Unconditioned Reinforcement		0:24
J.2 Simple Reinforcement Schedules		0:30
J.3 Complex Reinforcement Schedules		0:09
J.4 Behavioral Cusps		0:18
J.5 DRA, DRI, and DRO		0:24
J.6 DRL and DRH		0:16
J.7 DRD and DRP		0:14
J.8 Functional Communication Training (FCT)		0:28
J.9 Token Economies		0:24
J.10 Group Contingencies		0:14
J.11 Contingency Contracting		0:19
J.12 Matching Law		0:16
Quiz J		0:10

Module K	Behavior Reduction	2:45
K.1 Extinction		0:30
K.2 Positive Punishment		0:28
K.3 Negative Punishment		0:21
K.4 Effects of Extinction and Punishment		0:23
K.5 Resurgence of Behavior		0:16
K.6 Crisis Intervention		0:22
K.7 Crisis Intervention Documentation		0:20
Quiz K		0:05

Module L	Generalization and Maintenance	3:22
L.1 Procedural Integrity		0:24
L.2 Teaching Self-Monitoring Procedures		0:25
L.3 Teaching Self-Management Procedures		0:26
L.4 Stimulus Discrimination vs. Stimulus Generalization		0:21
L.5 Response Generalization vs. Stimulus Generalization		0:24
L.6 Training Across Settings, Trainers, and Examples		0:23
L.7 Varying Instructions and Materials		0:16
L.8 Natural Reinforcement		0:15
L.9 Using Intermittent Reinforcement		0:18
Quiz L		0:10

IBT® and International Behavior Therapist® are registered marks of the IBAO.

Module M	Documentation and Reporting	3:00
M.1 Confidentiality and Documentation		0:30
M.2 HIPAA Compliance		0:23
M.3 Effective Documentation Practices		0:29
M.4 Documenting and Reporting Variables That Affect Therapy		0:27
M.5 Seeking and Prioritizing Supervision		0:29
M.6 Communicating with Your Supervisor in a Timely Manner		0:22
M.7 Common Documentation Challenges		0:15
Quiz M		0:05

Module N	Ethical Responsibility	1:06
N.1 Promoting Client Rights and Dignity		0:07
N.2 Respecting Diversity		0:07
N.3 Competence and Excellence		0:07
N.4 Management, Supervision, and Training		0:07
N.5 Social Responsibility		0:07
N.6 Professional Relationships		0:07
N.7 Self-Responsibility of the Certificant		0:07
N.8 Research and Publication		0:07
Quiz N		0:10

Module O	Professional Responsibility	2:54
O.1 Awareness of Multiple Relationships		0:25
O.2 Cultural Humility and Responsiveness		0:25
O.3 Public Statements About Professional Activities		0:39
O.4 Understanding the Process for Reporting Misconduct		0:21
O.5 Role of the Behavior Technician in Service Delivery		0:19
O.6 Behaving Professionally with Clients, Peers, and Supervisors		0:15
O.7 Advocating for Effective Supervision Practices		0:25
Quiz O		0:05

Finish	Course Feedback and Certificate	0:00
Q.1 Course Feedback		
Q.2 Certification Check and Certificate of Completion		

IBT® and International Behavior Therapist® are registered marks of the IBAO.

About the Responsible Trainer

Dr. Jaime Flowers (Ph.D., NCSP, BCBA, LEP, LSSP) designed and teaches this course. She is a Licensed Educational Psychologist in California, a Licensed Specialist in School Psychology in Texas, a Board Certified Behavior Analyst, and a Nationally Certified School Psychologist. Her research focuses on the ethics of behavior analysis and on behavior in educational settings.

References

Baer, D. M., Wolf, M. M., & Risley, T. R. (1968). Some current dimensions of applied behavior analysis. *Journal of Applied Behavior Analysis, 1*(1), 91–97.

Cooper, J. O., Heron, T. E., & Heward, W. L. (2020). *Applied behavior analysis* (3rd ed.). Pearson Education.

Miltenberger, R. G. (2015). *Behavior modification: Principles and procedures* (6th ed.). Cengage Learning.

Questions or technical support: support@behaviorwebinars.com

IBT® and International Behavior Therapist® are registered marks of the IBAO.