



Registered Behavior Technician (RBT) Training Course

Course Outline

Course Title: 2026 Registered Behavior Technician Course

Total Course Hours: 40 Hours and 31 Minutes

Author: Dr. Jaime Flowers

Dr. Jaime Flowers holds a License in Educational Psychology (LEP) in California and a License as a Specialist in School Psychology (LSSP) in Texas. She is also a Board Certified Behavior Analyst (BCBA) and a Nationally Certified School Psychologist (NCSP). Her research focuses on behavior analytic ethics and functional behavior analysis in educational environments.

Course Description

The Behavior Webinars RBT Course is a comprehensive training program developed to meet the 40-hour training requirement set by the Behavior Analyst Certification Board (BACB). The course covers all core competencies required for the RBT credential, including ethics, data collection, skill acquisition, behavior reduction, and professional conduct. The curriculum is structured to support active learning through a diverse set of multimedia tools and interactive assignments.

Course Activities and Descriptions

Video Lectures

Engaging instructional videos that introduce and explain key concepts in behavior analysis. These include real-world examples, demonstrations of evidence-based strategies, and animations or visuals that enhance understanding.

Fill-in-the-Blanks Activities

Structured exercises where learners complete statements or definitions by supplying missing terms. These activities promote attention to detail and reinforce vocabulary and conceptual accuracy.

Statement Activities

Learners evaluate and select correct statements from a set, promoting critical thinking and application of behavioral principles in context.

Podcasts and Audio Clips

Audio-based content that explores key topics in a conversational or narrative style. Often paired with reflection activities or comprehension checks to support auditory learners.

Drag-and-Drop Activities

Interactive modules where learners match terms to definitions, sort examples into categories, or complete sequences by dragging items to correct locations. These enhance engagement and facilitate active learning.

Memory Games

Gamified review tools that challenge learners to match terms with their corresponding definitions, examples, or categories, reinforcing recall through repetition.

Crossword Puzzles

Interactive crossword puzzles that reinforce terminology, definitions, and conceptual understanding in an engaging and visually stimulating format.

Graphic Organizers

Visual learning aids such as charts, flow diagrams, and tables that help learners structure knowledge, see patterns, and summarize complex information for easier recall.

Flashcards

Digital flashcards that support fluency in ABA terminology. Learners can review definitions, examples, and key distinctions through repetition and self-assessment.

2026 Content Area Breakdown

Section	Section Name	Minutes	H:M:S
A	Measurement	128	2:08:00
B	Assessment	60	1:00:00
C	Skill Acquisition	180	3:00:00
D	Behavior Reduction	180	3:00:00
E	Documentation and Reporting	1200	20:00:00
F	Professional Conduct and Scope of Practice	180	3:00:00
G	Ethics	300	5:00:00
H	Supervision	60	1:00:00
Other Content	Other Content	143	2:23:00

Detailed Lesson Breakdown with Times

Module 0: Introduction (51 min)

- 0.1 Introduction to Course
- 0.2 Introduction to RBT Certification

Module A: Introduction to Autism and Other Disabilities (1 hr 51 min)

- A.1 Characteristics of ASD
- A.2 Effective Therapies for ASD
- A.3 Intellectual Disabilities
- A.4 Down Syndrome
- A.5 ADHD
- A.6 Person-First vs Identity-First Language
- Quiz A

Module B: Introduction to Applied Behavior Analysis (2 hr 8 min)

- B.1 Branches of ABA
- B.2 Levels of Science
- B.3 Seven Dimensions of ABA
- B.4 Understanding Behavior and Contingencies
- B.5 Reinforcement (Positive/Negative)
- B.6 Functions of Behavior
- B.7 Verbal Operants
- B.8 Phases of Behavior Analytic Interventions
- Quiz B

Module C: Preparing for Service Delivery (1 hr)

- C.1 Readiness to Deliver Services
- C.2 Rapport Building
- C.3 Honoring Assent
- Quiz C

Module D: Data Collection (1 hr 45 min)

- D.1 Describing Behavior
- D.2 Risk of Unreliable Data
- D.3 Continuous Measurement
- D.4 Discontinuous Measurement
- D.5 Permanent Product Recording
- Quiz D

Module E: Graphing (1 hr 15 min)

- E.1 Calculate and Summarize Data

- E.2 Types of Graphs
- E.3 Enter/Update Graphs
- E.4 Identify Graph Changes
- Quiz E

Module F: Assisting with Behavior Assessments (3 hrs)

- F.1 Assessment Purposes
- F.2 Skill-Based Assessment
- F.3 Role Play
- F.4 Preference Assessments
- F.5 Free Operant
- F.6 Trial-Based
- F.7 Indirect Functional Assessment
- F.8 Direct Functional Assessment
- F.9 Functional Analysis
- Quiz F

Module G: Teaching New Behaviors (4 hrs 5 min)

- G.1 Acquisition Skills Plan
- G.2 Discrete-Trial Teaching
- G.3 Naturalistic Teaching
- G.4 Incidental Teaching
- G.5 Pivotal Response Training
- G.6 Natural Environment Teaching
- G.7 Precision Teaching
- G.8 Discrimination Training
- G.9 Stimulus Equivalence
- G.10 Concept Formation
- G.11 Social Skills Training
- Quiz G

Module H: Prompting, Shaping, and Chaining (2 hrs 32 min)

- H.1 Stimulus Prompts
- H.2 Response Prompts
- H.3 Errorless Learning vs Error Correction
- H.4 Prompt Fading
- H.5 Prompt Dependency
- H.6 Shaping
- H.7 Chaining
- H.8 Task Analysis
- Quiz H

Module I: Antecedent Interventions (3 hrs 10 min)

- I.1 Behavior Intervention Plan
- I.2 Priming
- I.3 Motivating Operations
- I.4 Non-Contingent Reinforcement
- I.5 High-Probability Request Sequences
- I.6 Premack Principle
- I.7 Choice
- I.8 Activity Schedules
- I.9 Demand Fading
- I.10 Task Modification
- I.11 Antecedent Strategies Overview
- Quiz I

Module J: Differential Reinforcement (4 hrs 6 min)

- J.1 Conditioned vs Unconditioned Reinforcement
- J.2 Simple Reinforcement Schedules
- J.3 Complex Reinforcement Schedules
- J.4 Behavioral Cusps
- J.5 DRA/DRI/DRO
- J.6 DRL/DRH
- J.7 DRD/DRP
- J.8 Functional Communication Training (FCT)
- J.9 Token Economies
- J.10 Group Contingencies
- J.11 Contingency Contracting
- J.12 Matching Law
- Quiz J

Module K: Behavior Reduction (2 hrs 45 min)

- K.1 Extinction
- K.2 Positive Punishment
- K.3 Negative Punishment
- K.4 Effects of Extinction & Punishment
- K.5 Resurgence of Behavior
- K.6 Crisis Intervention
- K.7 Crisis Documentation
- Quiz K

Module L: Generalization and Maintenance (3 hrs 22 min)

- L.1 Procedural Integrity
- L.2 Self-Monitoring

- L.3 Self-Management
- L.4 Stimulus vs Response Generalization
- L.5 Generalization Techniques
- L.6 Training Across Settings
- L.7 Varying Instructions/Materials
- L.8 Natural Reinforcement
- L.9 Intermittent Reinforcement
- Quiz L

Module M: Documentation and Reporting (3 hrs)

- M.1 Confidentiality
- M.2 HIPAA Compliance
- M.3 Effective Documentation
- M.4 Reporting Variables
- M.5 Supervision Prioritization
- M.6 Communication with Supervisor
- M.7 Documentation Challenges
- Quiz M

Module N: Ethical Responsibility (2 hrs 6 min)

- N.1 BACB Ethics Core Principles
- N.2 RBT Ethics Code Sec 1
- N.3 RBT Ethics Code Sec 2
- N.4 RBT Ethics Code Sec 3
- N.5 BACB Professional Ethics
- Quiz N

Module O: Professional Responsibility (2 hrs 54 min)

- O.1 Multiple Relationships
- O.2 Cultural Responsiveness
- O.3 Public Statements
- O.4 BACB Misconduct Process
- O.5 Role of the RBT
- O.6 Professional Behavior
- O.7 Supervision Advocacy
- Quiz O

Module P: Next Steps and Certification Process (41 min)

- P.1 Certification Status
- P.2 Self-Reporting Procedures
- P.3 Recertification Requirements

Module Q: Congratulations & Certificate (0 min)

- Q.1 Course Feedback
- Q.2 Certificate Verification

Completion Requirements

- Complete all modules and quizzes
- Pass each quiz with 80% or higher
- Complete 40+ total training hours
- Certificate Issued Upon Completion

Optional Final Exam

At the end of the course, learners will have the opportunity to complete an optional 75-question mock exam. This practice test is designed to mirror the structure and content of the official RBT certification exam and provides valuable preparation and feedback before scheduling the actual test.

References for 2026 RBT 40-Hour Training Curriculum

Behavior Analyst Certification Board (BACB). (2023, December).

RBT® 40-Hour Training Curriculum (2nd Edition) – 2026 Requirements.

Retrieved from <https://www.bacb.com/wp-content/uploads/2023/12/2026-RBT-40-Hour-Training-Curriculum-250303-a.pdf>

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Miltenberger, R. G. (2015). Behavior Modification: Principles and Procedures (6th ed.). Cengage Learning.

Baer, D. M., Wolf, M. M., & Risley, T. R. (1968). Some current dimensions of applied behavior analysis. *Journal of Applied Behavior Analysis*, 1(1), 91–97.

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