



## Registered Behavior Technician (RBT) Training Course

### Course Summary

**Course Title:** Behavior Webinars RBT Course

**Total Course Hours:** 40 Hours and 4 Minutes

**Author:** Dr. Jaime Flowers

Dr. Jaime Flowers holds a License in Educational Psychology (LEP) in California and a License as a Specialist in School Psychology (LSSP) in Texas. She is also a Board Certified Behavior Analyst (BCBA) and a Nationally Certified School Psychologist (NCSP). Her research focuses on behavior analytic ethics and functional behavior analysis in educational environments.

### Time Allocation by Required Content Area

Content Area	Minutes	Hours:Minutes
Supervision	248	4:08:00
Ethics	289	4:49:00

### Course Activities and Descriptions

**Video Lectures:** Engaging instructional videos that explain key concepts, demonstrate techniques, and provide real-world examples of behavior analysis in practice.

**Drag-and-Drop Vocabulary Activities:** Interactive exercises where learners match terms with definitions or concepts by dragging and placing them correctly, enhancing word-concept associations.

**Crossword Puzzles:** Fun and challenging puzzles designed to reinforce terminology and definitions in a format that encourages recall and retention.

**Memory Games:** Games that strengthen understanding of ABA concepts by requiring learners to match terms with their meanings or examples.

**Graphic Organizers:** Visual tools such as flowcharts and diagrams that help learners organize information, identify relationships, and simplify complex topics.

### Course Description

The Behavior Webinars RBT Course is a comprehensive training program developed to meet the 40-hour training requirement set by the Behavior Analyst Certification Board (BACB). The course

covers all core competencies required for the RBT credential, including ethics, data collection, skill acquisition, behavior reduction, and professional conduct. The curriculum is structured to support active learning through a diverse set of multimedia tools and interactive assignments.

## **Detailed Lesson Breakdown with Times**

### **Lesson 1: Introduction**

- Introduction to the Course – 30 minutes
- Overview of RBT Certification Requirements – 60 minutes

### **Lesson 2: Understanding Autism**

- Common Characteristics of Autism – 35 minutes
- Diagnostic Criteria for Autism Spectrum Disorder – 30 minutes
- Evidence-Based Interventions for Autism – 25 minutes
- Autism and Educational Settings – 20 minutes
- Person-First vs. Identity-First Language – 20 minutes

### **Lesson 3: Introduction to Applied Behavior Analysis**

- Branches of Behavior Analysis – 20 minutes
- Three Levels of Scientific Understanding – 15 minutes
- Seven Dimensions of Applied Behavior Analysis – 25 minutes
- Stimulus, Response, and the Three-Term Contingency – 26 minutes
- Contingencies of Reinforcement – 55 minutes
- Functions of Behavior – 50 minutes
- Verbal Operants – 25 minutes
- Phases of Behavior Analytic Interventions – 25 minutes

### **Lesson 4: Preparing for Service Delivery**

- Preparing Yourself for Service Delivery – 17 minutes
- Reviewing Session Documentation and Procedures – 17 minutes
- Preparing the Physical Environment – 29 minutes
- Building Rapport with Clients – 30 minutes
- Obtaining and Respecting Client Assent – 40 minutes

### **Lesson 5: Measurement and Data Collection**

- Describing Behavior in Observable Terms – 30 minutes
- Risks of Unreliable Data Collection – 31 minutes
- Continuous Measurement Procedures – 40 minutes
- Discontinuous Measurement Procedures – 40 minutes
- Permanent Product Recording – 25 minutes
- Summarizing and Calculating Data – 30 minutes
- Understanding Data Displays – 28 minutes
- Data Entry and Graph Updating – 20 minutes
- Identifying Changes in Graphed Data – 19 minutes

### **Lesson 6: Assisting with Behavior Assessments**

- Types of Behavior Assessments – 17 minutes
- Supporting Skill Assessments – 37 minutes
- Conducting Preference Assessments – 40 minutes
- Assisting with Functional Behavior Assessments – 45 minutes

### **Lesson 7: Teaching New Behaviors**

- Maintaining Procedural Integrity – 22 minutes
- Discrete Trial Teaching (DTT) – 45 minutes
- Naturalistic Teaching Strategies – 35 minutes
- Shaping Behavior – 21 minutes
- Using Prompts and Fading Techniques – 29 minutes
- Discrimination Training – 28 minutes
- Matching-to-Sample Procedures – 32 minutes
- Task Analysis and Chaining – 28 minutes

### **Lesson 8: Increasing Behavior**

- Antecedent-Based Interventions – 55 minutes
- Differential Reinforcement Techniques – 38 minutes
- Implementing Token Economies – 30 minutes
- Teaching Self-Monitoring Skills – 20 minutes
- Promoting Generalization and Maintenance – 45 minutes

### **Lesson 9: Behavior Reduction**

- Implementing Extinction Procedures – 30 minutes
- Using Punishment Ethically and Effectively – 33 minutes
- Crisis Prevention and Response Strategies – 22 minutes

### **Lesson 10: Documentation and Reporting**

- Maintaining Confidentiality – 32 minutes
- Effective Documentation Practices – 34 minutes
- Recognizing Variables Affecting Client Progress – 27 minutes
- Seeking Supervision – 70 minutes
- Communicating Within a Treatment Team – 22 minutes

### **Lesson 11: Ethical Responsibility**

- Core Principles of the BACB Ethics Code – 40 minutes
- RBT Ethics Code - Section 1 – 40 minutes
- RBT Ethics Code - Section 2 – 28 minutes
- RBT Ethics Code - Section 3 – 24 minutes
- Ethical Conduct in Behavior Analysis – 23 minutes

### **Lesson 12: Professional Responsibilities**

- Avoiding and Managing Multiple Relationships – 35 minutes

- Cultural Humility and Responsiveness – 38 minutes
- Making Public Statements Professionally – 31 minutes
- Understanding the BACB Misconduct Process – 15 minutes
- Professional Responsibilities of RBTs – 25 minutes
- Maintaining Professional Behavior with Clients and Supervisors – 15 minutes
- Promoting Effective Supervision – 21 minutes

### **Lesson 13: Next Steps**

- Preparing for the RBT Competency Assessment – 23 minutes
- Providing Course Feedback – 5 minutes
- Completion Certificate and Final Steps – 5 minutes

### **Optional Final Exam**

At the end of the course, learners will have the opportunity to complete an optional 75-question mock exam. This practice test is designed to mirror the structure and content of the official RBT certification exam and provides valuable preparation and feedback before scheduling the actual test.